

**Ministry of Health and Family Welfare,
Government of India
Drug De-Addiction Programme (DDAP)**

**Strengthening the Drug De-addiction Programme:
Establishment of DTCs
Progress Report**

August 2015

Submitted by

NDDTC, AIIMS, New Delhi

Team at NDDTC AIIMS

Chief	Prof. S K Khandelwal
In-charge	Dr. Atul Ambekar, Additional Professor
Team Member	Dr. Ravindra Rao, Assistant Professor
Team Member	Dr. Alok Agrawal, Assistant Professor
Team Member	Dr. Biswadip Chatterjee, , Assistant Professor
DTC Coordinator	Dr. Swati Kedia Gupta

Table of contents

1. BACKGROUND

2. ACTIVITIES CONDUCTED BY NDDTC, AIIMS

3. ACTIVITIES CONDUCTED BY OTHER CENTRES

4. CHALLENGES

5. FUTURE PLANS

6. ANNEXURE

1. Statement of Expenditure, NDDTC for financial year 2014-2015 and from April-July 2015
2. Statement of Expenditure, RIMS, Imphal for financial year 2014-2015 and from April-July 2015
3. Statement of Expenditure, KEM, Mumbai for financial year 2014-2015 and from April-July 2015
4. Statement of Expenditure, DTC, Kapurthala for financial year 2014-2015 and from April-July 2015
5. Statement of Expenditure, DTC, Bhatinda for financial year 2014-2015 and from April-July 2015

Background

In India, the demand reduction for alcohol and drug use is the mandate of primarily two ministries of the union government, (a) Ministry of Social Justice and Empowerment (MSJE) and (b) Ministry of Health and Family Welfare – through its Drug De-Addiction Program (DDAP). While the MSJE program is implemented by NGOs, the DDAP provided a one-time grant to establish about 124 De-addiction centres (DACs) associated with various Government district hospitals and psychiatry departments of medical colleges. Some of the centres, established by the DDAP also receive recurring grants from DDAP. Evaluations of these established DACs revealed that almost one-third of them were not functional at all, one-third functioned partially and only remaining one-third functioned adequately. Clearly, there was a need to strengthen the Drug De Addiction Programme (DDAP).

Thus, in order to “Strengthen the Drug De-addiction Programme” This scheme was initiated by the DDAP, MoH&FW. The scheme involves enhancing the functioning of some of the DACs through the entities called as Drug Treatment clinics (DTCs). These DTCs would be associated with a general hospital, would have exclusive contractual staff (doctor, nurse, counsellor), and provisions of medicines required for the treatment – all supported financially under this scheme.

It was agreed that this scheme would be coordinated at the National level by NDDTC, AIIMS under the financial support of DDAP, MOH&FW. In the role of National coordinating centre, NDDTC, AIIMS would be responsible for identifying health facilities which already have an infrastructure to run the proposed drug treatment centres and will be able to provide out-patient care for all type of substance use disorders.

Activities Conducted by NDDTC

As per the Action Plan of the scheme, in the first year (2014-15), the following activities have been undertaken by NDDTC:

- As an administrative procedure, approval of Director, AIIMS was sought and was subsequently received to carry out the activities of the scheme
- A team, under the leadership of Professor S K Khandelwal (Chief, NDDTC) was constituted at NDDTC to manage the activities of the scheme:
 - Dr. Atul Ambekar, Additional Professor, NDDTC, AIIMS (In-charge)
 - Dr. Ravindra Rao, Assistant Professor, NDDTC, AIIMS (team- member)
 - Dr. Alok Agarwal, Assistant Professor, NDDTC, AIIMS (team- member)
 - Dr. Biswadip Chatterjee, Assistant Professor, NDDTC, AIIMS (team- member)
- A budget of Rs. 60 lacs was received for the financial year 2014-15.
- Institutions / hospitals which will participate in this activity in the current financial year (2014-2015) were informed of this initiative. Subsequently the heads / in-charge of these institution provided their agreements. Additionally these institutions (listed below) also underwent a 'feasibility assessment'. A total of five DTCs were envisaged to be made functional in 2014-15. They include

1. Regional Institute of Medical Sciences (RIMS), Imphal;
2. King Edward Memorial (KEM) hospital, Mumbai;
3. Civil Hospital, Kapurthala, Punjab; and

4. Civil Hospital, Bathinda, Punjab.

5. NDDTC, AIIMS (as community clinic, Sundar Nagari, New Delhi)

- After evaluation of the feasibility self-assessment report, all the four listed institutes entered into an agreement with NDDTC to implement this scheme at their respective hospitals (details underneath). In Feb-March 2015, the funds allocated to each DTCs as per the proposal were transferred to each centre.
- All the posts of the contractual staffs for NDDTC, AIIMS as National Resource Coordination Centre were advertised in February. Subsequently, DTC coordinator was employed on contractual basis in March 2015 and the rest of the staffs were appointed in August, 2015.
- Staff members were also selected and appointed on contractual basis at all the other DTCs.
- As per the capacity building component of this scheme, a five-day event (a four-day training programme followed by one day workshop) was organized by NDDTC, AIIMS from 4th-8th May 2015 (training report annexed). The purpose of the training was to train the newly inducted staffs of the DTCs on various aspects of substance use disorder and orient them to their own expected terms of reference, under this scheme. Ten participants, comprising of medical officers, nurses, and counsellors from all the four DTCs participated and underwent training. A meeting and workshop was also conducted under the chairmanship of Professor SK Khandelwal, Chief, NDDTC and was attended by all the team-members looking after this scheme at NDDTC, the participants of the training, and the nodal officers from the four DTCs. The primary objective of the workshop/meeting was to discuss the operational, logistics and administrative issues with regard to the functioning of the DTCs and plans for trouble-shooting (detailed report attached).

- In accordance to the plan for the second year under this scheme, two centers namely, KEM hospital, Mumbai and RIMS, Imphal have been invited to function as Regional Resource and Coordinating Centres (RRCC). Both the institutes provided their agreement to function as RRCC and conduct the activities as per the terms of reference mentioned in the approved action plan.
- As envisaged in the action plan, certain medicines (such as Buprenorphine, Buprenorphine-Naloxone combination, Naltraxone, Methadone and Disulfiram) were supposed to be made available at all the DTCs for dispensing to the registered patients, free-of-cost. While some of these are being centrally procured by NDDTC and distributed to individual centres, others are being procured by the administration of the respective institutions. This process has been ongoing.

Activities conducted at the other centres

All the four DTCs have started functioning as per the mandate. The recruitment of the staff and the clinic services initiated are as below:

Name of the Centre	Nodal Officer	Staff (date of joining)	Total number of patients registered till 31 st July 2015
DTC, RIMS, Imphal	Dr. R K Lenin	Medical Officer (10/04/15) Counselor (23/03/15) Nurse (01/04/15)	229
DTC, KEM, Mumbai	Dr. Shilpa Adarkar	Medical Officer (11/03/15) Counselor (09/03/15) Nurse (25/03/15)	395

Name of the Centre	Nodal Officer	Staff (date of joining)	Total number of patients registered till 31 st July 2015
DTC, Kapurthala, Punjab	Dr. Sandeep Bhole	Counselor (21/10/14) Nurse (01/04/2015)	228
DTC, Bhatinda, Punjab	Dr. Satish Kumar Thapar	Counselor (1/11/2014) Nurse (1/11/2014)	_*
* Data not available			

Challenges

Initiation of the implementation of the scheme was full of certain challenges, which are being overcome to ensure smooth functioning. Initially, due to lack of constraint of space at the hospitals, there was no separate exclusive space for the DTC in the OPD for treatment of substance use disorders. Overcoming this challenge required close liaison with all the existing staffs of the department to identify and treat cases of drug and alcohol use. Another challenge faced by the clinical staffs at DTCs was the lack of involvement of family members in the treatment process. There was also procedural delay of refurbishments and local procurement of medications. Due to lack of availability of trained staffs at the current emoluments, it was difficult to run the DTCs if even a single staff went on leave. There is also lingering issue and concern for the security of the staffs due to the non-availability of security person for the DTCs.

Future Plans

a) NDDTC as National Coordinating Centre

- Actively support and guide the two new regional centres (viz. KEMH, Mumbai and RIMS, Imphal)
- Actively pursue the plan of opening new DTCs in the North region (under NDDTC) as well as under other regional centres
- Continue to monitor and guide other DTCs through on-site visits as well as through training workshops
- Continue to manage the procurement and supply chain of medicines for the DTCs

b) KEM, Mumbai and RIMS, Imphal as Regional Resource and Coordinating Centres

- Actively pursue the plan for opening three DTCs in their respective regions
- Actively support the functioning of the DTCs and manage the procurement and supply of medicines to DTCs
- Plan training workshop for newly appointed staff and refresher courses for staff already engaged in the DTCs
- Along with NDDTC, AIIMS, carry out monitoring and evaluation activities of the DTCs.

ANNEXURE 1

Statement of Expenditure, 2014-2015 for NDDTC, AIIMS

NATIONAL DRUG DEPENDENCE TREATMENT CENTER

ALL INDIA INSTITUTE OF MEDICAL SCIENCES (AIIMS), New Delhi



Scheme- "Strengthening DDAP: Establishment of Drug Treatment Centre"

Funded by- Ministry of Health and Family Welfare, Government of India

Financial Year: 2014-2015

Opening Balance: Rs. 60,00,000/- as on November 2014

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Funds to Centers	Medicines (for centers)	Contingency (expense towards correspondence, stationary etc.)	Training/Workshop (Accommodation, venue, Travel)	
Apr 2014							
May 2014							
June 2014							
Jul 2014							
Aug 2014							
Sep 2014							
Oct 2014							
Nov 2014							
Dec 2014							
Jan 2015							
Feb 2015							
Mar 2015			36,72,000.00				36,72,000.00
TOTAL			36,72,000.00				36,72,000.00

Gross Total (previous balance+ funds received) = Rs. 60,00,000/-

Total expenditure = Rs. 36,72,000/-

Balance = Rs. 23,28,000/-

Signature of Accounts Officer, NDDTC (with stamp)

[Handwritten Signature]

Accounts Officer
NDD.T.C., AIIMS.

Statement of Expenditure, April-July 2015 for NDDTC, AIIMS

NATIONAL DRUG DEPENDENCE TREATMENT CENTRE

AIIMS, NEW DELHI



Scheme- "Strengthening DDAP: Establishment of Drug Treatment Centre"

Funded by- Ministry of Health and Family Welfare, Government of India

Financial Year: April 2015 to July 2015

Opening Balance: Rs. 23,28,000.00 as on 31st March 2015

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Funds to Centers	Medicines (Purchased for centers)	Contingency (expense towards correspondence, stationary etc.)	Training/Workshop (Accomodation, Venue, Travel)	
Apr 2015		24,258.00					24,258.00
May 2015		47,000.00			13,411.00	3,50,278.00	4,10,689.00
June 2015		47,000.00					47,000.00
Jul 2015		47,000.00					47,000.00
TOTAL		1,65,258.00			13,411.00	3,50,278.00	5,28,947.00

* Kindly mention details

Gross Total (previous balance+ funds received) = Rs. 23,28,000/-

Total expenditure = Rs. 5,28,947/-

Balance = Rs. 17,99,053/-

Signature of Account Officer, NDDTC (with stamp)

[Handwritten signature]

Accounts Officer
NDD.T.C., AIIMS

ANNEXURE 2

Statement of Expenditure 2014-2015 for RIMS, Imphal

Drug Treatment Clinic (DTC), RIMS, Imphal

Department of Psychiatry

Nodal Officer: Prof. R.K. Lenin Singh

Financial Year: <2014-2015>

Opening Balance: Rs 12, 24,960/- as on 14/3/2015 (Please mention date received the funds on).

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary Rs 9,00,000/-	Refurbishment* Rs 1,00,000/-	Medicines (Locally purchased) Rs 2,00,000/-	Contingency (expense towards correspondence, stationary etc.) Rs 24,000/-	Travel (local)	
Apr 2014							
May 2014							
June 2014							
Jul 2014							
Aug 2014							
Sep 2014							
Oct 2014							
Nov 2014							
Dec 2014	-	-	-	-	Rs 3,223	-	Rs 3,223
Jan 2015	-	-	-	-	Rs 1,240	-	Rs 1,240
Feb 2015	-	-	-	-	Rs 240	-	Rs 240
Mar 2015	Rs 12,24,000	Rs 4,500	Rs 28,399	-	Rs 8,016	Rs 600	Rs 12,65,515
TOTAL	Rs 12,24,000	Rs 4,500	Rs 28,399	-	Rs 12,719	Rs 600	Rs 12,70,218

* enclosed details of refurbishment

Gross Total (previous balance+ funds received) =Rs 12,24,960/-

Total expenditure =Rs 46,218/-

Balance =Rs 11,78,742/-

R.K. Lenin Singh
19/8/15
(Dr R.K. Lenin Singh)
Signature of Nodal Officer (with sta
NODAL OFFICER
Drug Treatment Clinic (DTC)
Department of Psychiatry
RIMS, Imphal.

Statement of Expenditure April-Jul 2015 for RIMS, Imphal

Drug Treatment Clinic(DTC),RIMS,Imphal

Department of Psychiatry

Nodal Officer: Prof. R.K. Lenin Singh

Financial Year: <April 2015 to July 2015>

Opening Balance: Balance Carried forward Rs 11,78,742/- (No Fund is received during the period)

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment *	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2015		Rs 61,500			Rs 989	Rs 600	Rs 63089
May 2015		Rs 75,000			Rs 618	Rs 1,000	Rs 76,618
June 2015		Rs 75,000	Rs 24,928		Rs 450		Rs 1,00,378
Jul 2015		Rs 75,000			Rs 640		Rs 75,640
TOTAL		Rs 2,86,500	Rs 24,928		Rs 2,697	Rs 1,600	Rs 3,15,725

* Kindly mention details

Gross Total (previous balance+ funds received) =Rs 11,78,742/-

Total expenditure =Rs 3,15,725/-

Balance =Rs 8,63,017/-

R.K. Lenin Singh
19/8/15
(Dr R.K. Lenin Singh)
Signature of Nodal Officer (with stamp)

NODAL OFFICER
Drug Treatment Clinic (DTC)
Department of Psychiatry
RIMS, Imphal.

ANNEXURE 3

Statement of Expenditure 2014-2015 for KEM, Mumbai

Seth GS Medical College & KEMH
Parel, Mumbai - 40012

Nodal Officer: Dr. S R Parkar

Financial Year: <2014-2015>

Opening Balance: Rs. 1000 __ + 12,24,000 __ as on 14th march 2015 __ (Please mention date received the funds on)

STATEMENT OF ACCOUNTS


Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2014							
May 2014							
June 2014							
Jul 2014							
Aug 2014							
Sep 2014							
Oct 2014							
Nov 2014							
Dec 2014							
Jan 2015	-						
Feb 2015	-						
Mar 2015	12,24,000	40,967	-	-	202	-	41,169
TOTAL	12,24,000	40,967			202		41,169

* Kindly mention details

Gross Total (previous balance+ funds received) = 1000 + 12,24,000 = 12,25,000

Total expenditure = 41,169

Balance = 11,83,831


Professor & HOD
Department of Psychiatry
KEM Hospital, Parel, Mum-12.
Signature of Nodal Officer (with stamp)

Statement of Expenditure April-Jul 2015 for KEM, Mumbai

Seth GS Medical College & KEMH
Parel, Mumbai - 40012

Nodal Officer: Dr. S R Parkar

Financial Year: <April 2015 to July 2015>

Opening Balance: Rs. 11,83,831 _____ as on _____ 1st april 2015 _____ (Please mention date received the funds on)

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2015		60,666	Quotations asked	Quotations asked	135	-	60,801
May 2015		59,980			-	263	60,243
June 2015		63,500			843	260	64,603
Jul 2015		62,257			200	-	62,457
TOTAL		246403			1178	523	2,48,104

* Kindly mention details


Gross Total (previous balance+ funds received) = 11,83,831

Total expenditure = 2,48,104 + 3097 (cash in hand) = 2,51,201

Balance = 9,32,630

PS – Interest –Rs.. 13,651

Total bank balance – Rs. 9,46,281

 Professor & HOD
Department of Psychiatry
KEM Hospital, Parel, Mum-12.
Signature of Nodal Officer (with stamp)

ANNEXURE 4

Statement of Expenditure 2014-2015 for DTC, Civil Hospital, Kapurthala

<Name of the center with address>

Nodal Officer: Dr. Sandeep Bhela

Financial Year: <2014-2015>

Opening Balance: Rs. 12,26,362.00 as on 14th March 2015 (Please mention date received the funds on)

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2014							
May 2014							
June 2014							
Jul 2014							
Aug 2014							
Sep 2014							
Oct 2014							
Nov 2014		15000.00					15000.00
Dec 2014		15000.00					15000.00
Jan 2015		15000.00					15000.00
Feb 2015		15000.00					15000.00
Mar 2015	12,26,362.00	15000.00					15000.00
TOTAL		75,000.00					75,000.00

* Kindly mention details

Gross Total (previous balance+ funds received) = 12,26,362.00

Total expenditure = Rs 75000.00

Balance = Rs. 1151362.00

* Salary of counselor was given for month of Nov, 14 to Feb, 15 from the funds received for DTC in March, 15.

Dr. Sandeep Bhela
19/8/2015
Nodal Officer
MMT Project
Civil Hospital
Kapurthala

Statement of Expenditure April-Jul 2015 for DTC, Civil Hospital, Kapurthala

<Name of the center with address>

Nodal Officer: Dr. Sandeep Bhola

Financial Year: <April 2015 to July 2015>

Opening Balance: Rs. _____ as on _____ (Please mention date received the funds on)

STATEMENT OF ACCOUNTS

Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2015		15,000.00	*		-		15,000.00
May 2015		30,000.00			2008		32,008.00
June 2015		30,000.00			-		30,000.00
Jul 2015		30,000.00			640		30,640.00
TOTAL		105,000.00			2648		107,648.00

* Kindly mention details

Gross Total (previous balance+ funds received) = Rs. 115,362.00

Total expenditure = Rs. 107,648.00

Balance = Rs. 104,374

- Salary of Staff Nurse - Rs. 15,000/month
- Salary of Counselor - Rs. 15,000/month

Refurbishment :- Our New Unit is under construction therefore required refurbishment will be done in that unit.

Sandeep Bhola
14/8/2015
Signature of Nodal Officer (with stamp)
Nodal Officer
Civil Hospital
Kapurthala

ANNEXURE 5

Statement of Expenditure 2014-2015 for DTC, Civil Hospital, Bhatinda

Department of Psychiatry
GGS Medical College, Faridkot
MODEL DRUG DE ADDICTION CENTRE BATHINDA

Nodal Officer: Dr Satish Kumar Thapar

Financial Year: 2014-2015

Opening Balance: Rs. NIL as on 27-08-15

STATEMENT OF ACCOUNTS

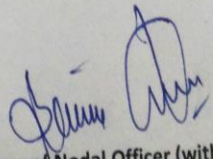
Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2014	NIL						
May 2014	NIL						
June 2014	NIL						
Jul 2014	NIL						
Aug 2014	NIL						
Sep 2014	NIL						
Oct 2014	NIL						
Nov 2014	NIL						
Dec 2014	NIL						
Jan 2015	NIL						
Feb 2015	NIL						
Mar 2015	NIL						
TOTAL	NIL						

* Kindly mention details

Gross Total (previous balance+ funds received) =NIL

Total expenditure =NIL

Balance =NIL


 Signature of Nodal Officer (with stamp)

Statement of Expenditure April-Jul 2015 for DTC, Civil Hospital, Bhatinda

Department of Psychiatry
GGS Medical College, Faridkot
MODEL DRUG DE ADDICTION CENTRE BATHINDA

Nodal Officer: Dr Satish Kumar Thapar
Financial Year: <April 2015 to July 2015>
Opening Balance: Rs. NIL as on 27-08-15

STATEMENT OF ACCOUNTS

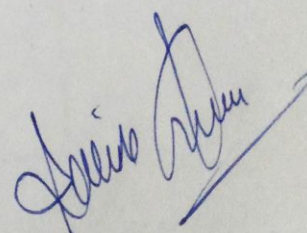
Month	Receipts	Expenditure					TOTAL
		Staff Salary	Refurbishment*	Medicines (Locally purchased)	Contingency (expense towards correspondence, stationary etc.)	Travel (local)	
Apr 2015	NIL						
May 2015	NIL						
June 2015	NIL						
Jul 2015	NIL						
TOTAL							

* Kindly mention details

Gross Total (previous balance+ funds received) =NIL

Total expenditure =NIL

Balance =NIL


Signature of Nodal Officer